



Breast Pump | Tire-Lait | Sacaleche

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[Ameda.com](http://Ameda.com) | [866.992.6332](tel:866.992.6332) | [ParentCare@ameda.com](mailto:ParentCare@ameda.com)



Breast Pump | Tire-Lait | Sacaleche

## Congratulations on the birth of your baby!

We are excited to help you meet your breastfeeding goals along your breastfeeding journey with your baby. With our Ameda Mya breast pump, you can express and collect your breast milk safely and effectively. If you have any questions regarding your Ameda Mya breast pump, we have a certified ParentCare team available to help you. Have your breast pump and parts nearby when you call. ParentCare is available by phone during business hours on weekdays at 866.992.6332 or ParentCare@ameda.com. Please check [www.ameda.com](http://www.ameda.com) for up-to-date available times. For more information about breastfeeding, breast pumping or Ameda products visit [www.ameda.com](http://www.ameda.com). For more product information or feedback in other countries, visit [www.ameda.com](http://www.ameda.com) for a list of distributors outside of the United States.

## Toutes nos félicitations pour la naissance de votre bébé!

Nous sommes ravis de pouvoir contribuer à ce que votre allaitement soit réussi et de vous accompagner pendant que vous allaitez votre bébé. Grâce à votre tire-lait Mya, vous pouvez pomper et recueillir le lait maternel de manière sûre et efficace. Si vous avez des questions à propos du tire-lait Mya, les spécialistes certifiés de notre équipe de service à la clientèle ParentCare sont disponibles pour vous aider. Avant de nous appeler, placez à portée de main votre tire-lait et les accessoires. ParentCare est à votre écoute du lundi au vendredi, durant les heures ouvrables, au 866.992.6332 or ParentCare@ameda.com. Veuillez consulter le [www.ameda.com](http://www.ameda.com) pour vous renseigner sur les heures ouvrables en vigueur. Pour en savoir plus sur l'allaitement, l'utilisation du tire-lait ou les produits Ameda, visitez le [www.ameda.com](http://www.ameda.com). Pour obtenir des renseignements sur nos produits ou de la rétroaction dans d'autres pays, visitez le [www.ameda.com](http://www.ameda.com) pour consultez la liste des distributeurs situés à l'extérieur des États-Unis.

## ¡Felicitaciones por el nacimiento de su bebé!

Nos complace ayudarla a cumplir con sus objetivos de lactancia en el transcurso de la experiencia de amamantar a su bebé. Con nuestra bomba de extracción Mya puede extraer y recolectar su leche materna de manera segura y efectiva. Si tiene alguna pregunta con respecto a la bomba de extracción Mya, contamos con un equipo de servicio de atención al cliente certificado ParentCare disponible para ayudarla. Tenga a la mano su bomba de extracción y las piezas cuando llame. ParentCare está disponible durante el horario de atención comercial los días entre semana por teléfono al 866.992.6332 or ParentCare@ameda.com. Visite [www.ameda.com](http://www.ameda.com) para obtener los horarios de disponibilidad actualizados. Para obtener más información sobre lactancia, bombas de extracción o productos de Ameda, visite [www.ameda.com](http://www.ameda.com). Para obtener más información o comentarios sobre productos en otros países, visite [www.ameda.com](http://www.ameda.com) y consulte la lista de distribuidores fuera de los Estados Unidos.

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# 1. INTRODUCTION



Please read this document completely and follow the instructions exactly. You should always keep it within reach. To prevent personal injury and material damage, please observe the warning and safety information provided in this document.

 <b>Warning</b>	Can lead to serious injury or death
 <b>Caution</b>	Can lead to minor injury
 <b>Important</b>	Can lead to material damage
 <b>Notice</b>	Useful breastfeeding and/or product information

## 1.1. Intended Use (Indications of Use)

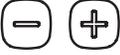
The Ameda Mya is a single-user, powered breast pump intended to express and collect milk from the breasts of lactating women.

## 1.2. Contraindications For Use

There are no known contraindications for use with this product.

### 1.3. Explanation of Symbols

No	Symbol	Description
1		Manufactured For
2		Serial Number
3		General warning sign
4		Caution
5		Note
6		Refer to Instruction Manual
7		Type BF Applied Part
8		CLASS II Equipment
9		DC
10		Alternating current
11	<b>IP22</b>	Degree of protection against harmful ingress of water or particulate matter
12		Temperature Limitation
13		Humidity Limitation
14		Atmospheric Pressure Limitation
15		Keep Dry
16		Fragile
17		Waste Electrical and Electronic Equipment
18		Battery Status

No	Symbol	Description
19		Power On/Off
20		Suction Level Adjustments
21		Massage Mode

## 2. WARNINGS AND CAUTIONS



### **WARNING: To reduce the risk of electrocution**

- DO NOT disassemble or modify the product. The product has no user-serviceable parts.
- ALWAYS unplug electrical product immediately after use.
- DO NOT use while bathing, showering or swimming.
- DO NOT place or store product where it can fall or be pulled into a tub, sink or pool.
- DO NOT place or drop into water or other liquid.
- DO NOT reach for electrical product if it has fallen into water. Immediately unplug from electrical outlet.
- DO NOT expose device to rain, moisture, dripping, or splashing.



### **WARNING: To avoid fire, electrocution, or serious burns**

- NEVER leave the product unattended when plugged into an electrical outlet.
- Close supervision is necessary when this product is used near children or persons with disabilities.
- Place product out of reach of children.
- Use the product only for its intended use as described in this manual.
- DO NOT use parts not recommended by the manufacturer.
- NEVER operate this product if it has a damaged cord or plug; if it is not working properly; if it has been dropped or damaged, or dropped or becomes wet.
- Keep cord away from heated surface.
- NEVER use while sleeping or when drowsy.
- NEVER drop or insert any object into any opening or tubing.
- DO NOT use outdoors, or operate where aerosol (spray) products are being used, or where oxygen is being administered.



## **WARNING: To avoid fire, electrocution, or serious burns**

- ALWAYS inspect battery pack and power adapter wires prior to use for damage or exposed wire. If damage is found, immediately discontinue use of power adapter or battery pack and call AMEDA ParentCare at .866.992.6332 or your local distributor.
- The Ameda Mya should not be positioned so that it is difficult to operate the adapter.



## **WARNING: To avoid health risk and reduce the risk of injury**

This product is a personal care item and intended for use by only one user. This product should not be shared between users or resold or given from one user to another.

- If you are a mother who is infected with Hepatitis B, Hepatitis C or Human Immunodeficiency Virus (HIV), pumping breast milk will not reduce or remove the risk of transmitting the virus to your baby through your breast milk.
- Before each use visually inspect the individual components for cracks, chips, tears, discoloration or deterioration. If damage to the device is observed, please discontinue use until the parts have been replaced.
- This product is intended for use by a single user only and should not be shared between users.
- DO NOT drive while pumping.
- Pumping can induce labor. DO NOT use while pregnant unless approved by your breastfeeding specialist or healthcare professional.
- Clean and sanitize all parts that come in contact with your breast and breast milk prior to first use.
- Wash all parts that come in contact with your breast and breast milk after every use.
- DO NOT wash or boil tubing, it does not come in contact with your breast or breast milk because of the back-flow protector. Tubing needs to remain dry to avoid any potential mold contamination.
- Inspect all appropriate pump components before each use. Check the parts for cracks, chips tears or wear. DO NOT use, contact Ameda ParentCare at 866.992.6332 or your local distributor immediately.
- DO NOT continue pumping for more than 2 consecutive pumping sessions if no results are achieved.
- DO NOT thaw frozen breast milk in a microwave or in a pan of boiling water.
- Microwaving can heat liquids unevenly. Both microwaving and boiling water can result in possible burns.

**STRANGULATION HAZARD: Keep tubing and cords out of reach of children.**

**CHOKING HAZARD: Small parts, NOT for children under 3 years.**



## **CAUTION: To avoid minor injury**

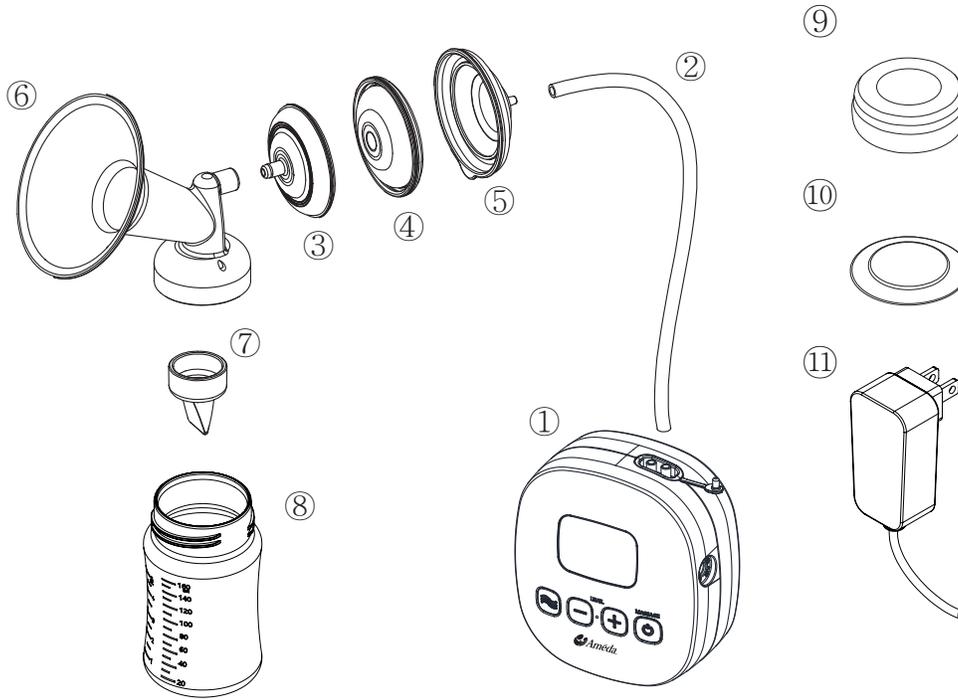
- DO NOT wrap cord around adapter body.
- Use ONLY the power adapter that comes with the breast pump.
- Pump ONLY with the breast pump in an upright position and on a horizontal flat surface.
- DO NOT shorten tubing or modify breast pump kit.
- Make sure the voltage of the power adapter is compatible with the power source.
- Plug the power adapter into the breast pump first and then into the wall socket.
- Remove power adapter from power source before wiping outside of pump base clean with a damp cloth.
- Keep away from dust, lint and direct sunlight, as damage may occur to breast pump where speed and suction may be reduced.
- DO NOT attempt to remove the breast flange from your breast while pumping.
- Turn the breast pump off and break the seal between your breast and breast flange with your finger, then remove breast flange from your breast.
- If pumping is uncomfortable or causing pain, turn the unit off, break the seal between the breast and the breast flange with your finger and remove the breast flange from your breast.
- Take appropriate care in handling bottles and parts.
- DO NOT use the breast milk if bottle or parts become damaged.



## **IMPORTANT: To avoid material damage**

- DO NOT use antibacterial or abrasive cleaners/detergents when cleaning breast pump or breast pump parts.
- NEVER put breast pump motor unit in water or a sterilizer, as you can cause permanent damage to the breast pump.
- Plastic bottles and component parts become brittle when frozen and may break when dropped.
- DO NOT over-fill bottles. Replace bottles before they overflow.
- Bottles and component parts may become damaged if mishandled, e.g. dropped, over-tightened or knocked over.
- ALWAYS check bottles or breast pump kit parts prior to pumping.
- DO NOT use the breast milk if bottles or components become damaged.

### 3. PRODUCT DESCRIPTION



No	Contents		Description of Material
1	① Pump Unit		Powered Breast Pump
2	Breast Flange Kit	② Tubing	Silicone
		③ Back-flow Protector Case Top	Polypropylene
		④ Back-flow Protector Silicone	Silicone Hardness 60 L.S.R
		⑤ Back-flow Protector Case Bottom	Polypropylene
		⑥ Breast Flange	Polypropylene
		⑦ Silicone Valve	Silicone Hardness 60 L.S.R
		⑧ Bottle	Polypropylene
		⑨ Bottle Locking Ring Cap	Polypropylene
		⑩ Bottle Locking Disc	Polypropylene
3	⑪ Power Adapter		AC 12V, 2A

# 4. START-UP PROCEDURE AND OPERATION

## 4.1. Before First Use: Cleaning the Milk Collection Kit

Before first use, unless otherwise directed by your healthcare provider, prepare the product for use as follows:

1. Remove tubing from the back-flow protector
2. Set aside tubing, it does not need to be washed before first use or after each use—milk does not come into direct contact with it.

Take apart the remaining parts: the flange(s), valve(s), back-flow protector(s), separating out the top, silicone and bottom pieces, and milk storage bottle(s), including locking ring(s) and locking disc(s).

 **WARNING**  
DO NOT wash or boil tubing. Tubing needs to remain dry to avoid any potential mold contamination.

### Cleaning: Cleaning by Boiling

 **WARNING: Do Not Leave Boiling Parts Unattended**  
Remove parts carefully from boiling water to avoid burning. Boiled water and steam from boiled water can cause severe burns, so use caution when boiling parts in water and removing parts from boiling water.



- BOIL a pot of clean water
- Put flange(s), valve(s), back-flow protector top(s), locking ring(s) and locking disc(s) into pot for 20 MINUTES.



- WASH your hands
-   
ALWAYS wash hands well with soap and water



- REMOVE the parts carefully with clean tongs
-   
DO NOT allow boiling parts to contact bottom of pot. It may cause damage to parts.



- Air DRY on a clean surface

\* Parts may vary

## 4.2. How to Assemble Instructions



Breast Flange



Back-flow Protector



Tubing



Silicone Valve



Locking Ring/Disc



Breast Milk Bottle



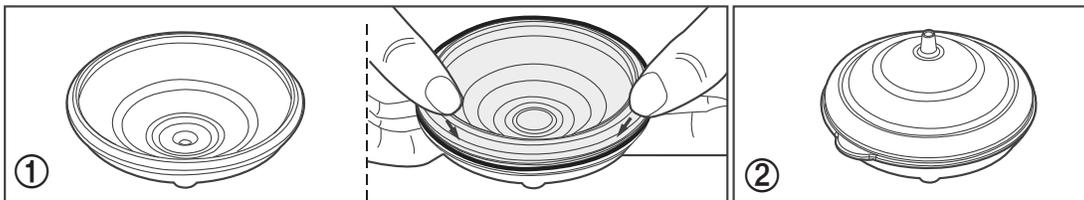
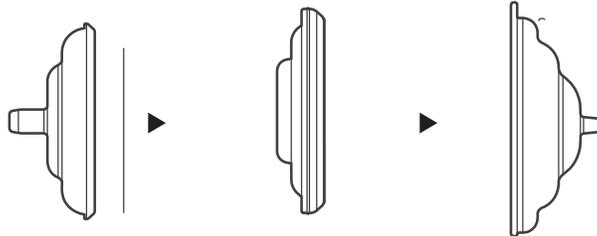
Pump Unit



12V AC Adapter

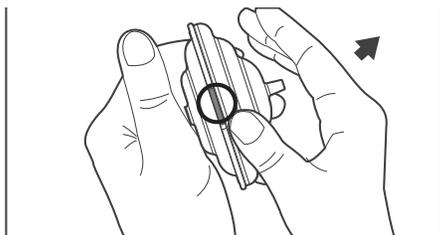
### 4.2a. How to Assemble the Back-flow Protector

Back-flow Protector



1. Insert silicone membrane into the top (smaller) case of the protector.
2. Snap-on the top case with the bottom (larger) case to complete assembly.

### 4.2b. How to Disassemble Back-flow Protector

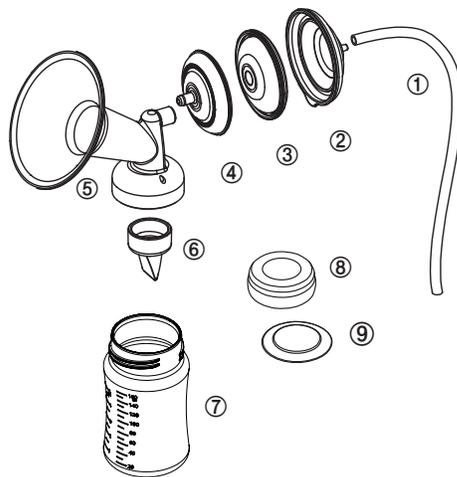


As shown in the picture, hold the top (smaller) case of the Back-flow Protector in one hand and place thumb of other hand on tab (circled) on bottom (larger) case. Pull the bottom (larger) case in the direction of the arrow to disassemble.

## 4.2b. How to Assemble the Milk Collection Kit

1

1. Silicone Tubing
2. Back-flow Protector Case Bottom
3. Back-flow Protector Silicone
4. Back-flow Protector Case Top
5. Breast Flange
6. Silicone Valve
7. Bottle
8. Locking Ring
9. Locking Disc



HOLD the valve by the rim or thicker sides. ATTACH to bottom of the breast flange.



ATTACH the breast flange and TIGHTEN onto the bottle.



CONNECT the back-flow protector(s) to the top of the flange.



CONNECT the back-flow protector to the tubing.

\* It is important that the inside of the back-flow protector is completely DRY to avoid moisture from forming in the tubing.

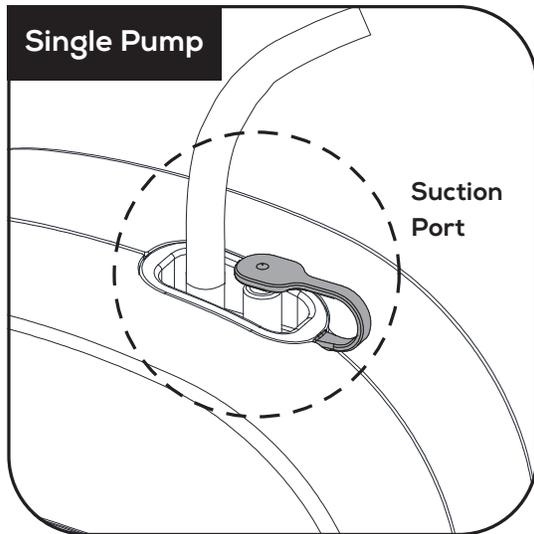


CONNECT the tubing to the pump.

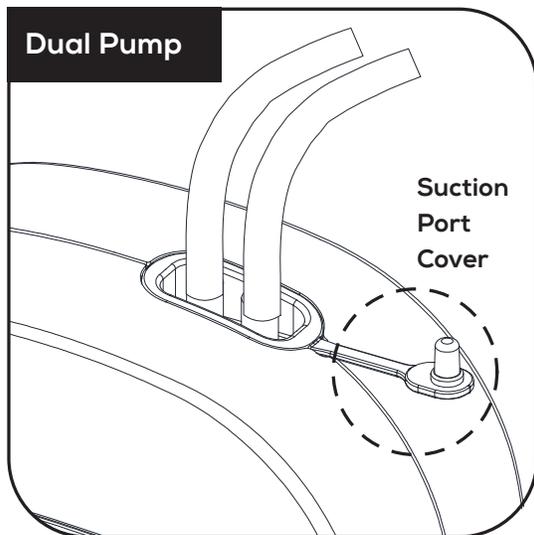


CONNECT the power adapter to the pump.

### 4.3. How to use the Single and Dual Pump Options



To use the Dual Pump Mode, remove the suction port cover from the suction port and connect the tubing from the extra breast flange kit.



When Dual Pumping, both ports are connected to tubing.

Note: if changing back to Single Pump mode, make sure the suction port cover not being used is inserted firmly over the suction port.

### 4.4. Inspecting Before Pumping



**IMPORTANT:** Before using the Ameda Mya and milk collection kit, check the parts for cracks, chips, tears, or wear. They can affect the function of the kit. If parts need replacing due to defects, please call your local distributor or the location where you purchased the pump. Do not use damaged parts. For a listing of distributors in your country, please visit [www.ameda.com](http://www.ameda.com)

## 4.5. Pumping Guide

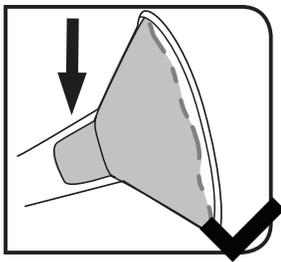
1. Gently massage your breasts or apply warm compresses from the back of the breast toward the nipple before using.
2. Express milk from each breast for 10-15 minutes. It is recommended to pump frequently rather than pumping for a long duration. (Every 2-3 hours, 8 times a day)

## 4.6. Getting Started

1. Before first use, charge the breast pump battery fully with the power adapter OR plug power adapter into a standard electrical outlet.

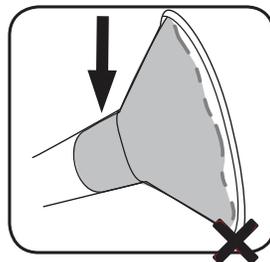


**IMPORTANT:** When the power adapter is plugged in the LCD screen will light up and the battery will be charged. The battery status will be displayed.



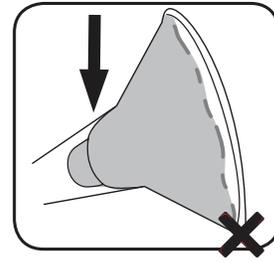
### GOOD FIT

During pumping, your nipple moves freely in the breast flange tunnel. You see space around the nipple. Not much areola is drawn into the tunnel with the nipple.



### TOO SMALL

During pumping, some or all of your nipple rubs against the sides of the breast flange tunnel.



### TOO LARGE

During pumping, more areola is drawn into the breast flange with your nipple. Your areola may rub against the side of the breast flange tunnel.

2. Center the breast flange on your breast so that the nipple is drawn into the flange. It's important that breast flange is positioned properly before pumping begins to avoid any pain that may result due to rubbing or twisting of your nipple onto the side of the flange. If double pumping, position the second breast flange as instructed above.

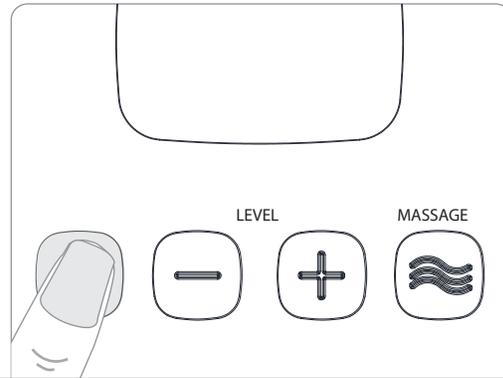


While some discomfort may be felt when first using a breast pump, using a breast pump should not cause pain. If you are unsure about breast flange sizing, please contact a healthcare professional or AMEDA representative who can help you get a proper flange fit.

3. Press the Power button



The device will power ON and begin in Expression Mode. Switch to Massage Mode to help facilitate a faster let-down. After the first pumping session, the device will automatically start pumping in the last setting used.



The device will power ON and begin in Expression mode. After the first pumping the device will begin pumping at the last setting used. To switch between massage and expression mode, press the massage button. Switch to massage mode to help with faster let-down.

## LCD Screen

### Remaining Battery Power



Suction (Vacuum) Level

Timer Display

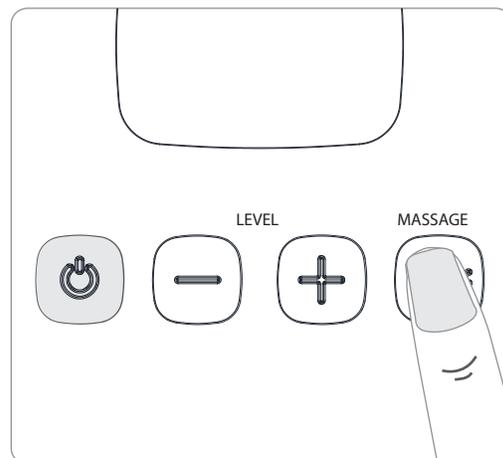
(Automatically turns it off after 30 minutes for your safety)

Message mode (Message mode symbol turns off when using expression mode)

4. Press the Massage/Expression



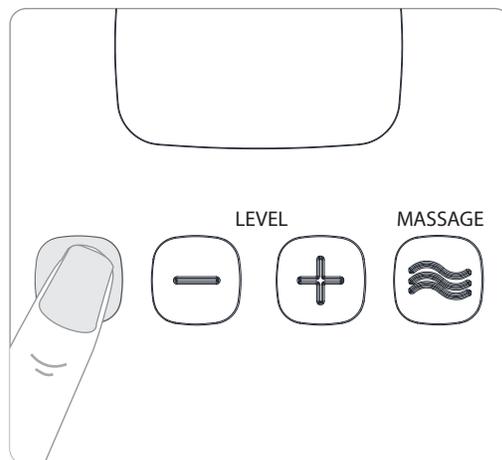
button to change to expression mode once your milk starts flowing. If milk flow slows, try for another let-down by switching back to massage mode until milk flow increases, then switch back to expression mode to resume pumping. Repeat as needed.



5. Adjust vacuum using   "LEVEL" buttons to preferred comfort level.  
(Never set to uncomfortable level)



6. When you wish to stop expressing, first press the Power button,  then remove milk collection kit from your breast.



## Breast Pump Settings/Modes



The suction level on your breast pump refers to the vacuum strength, or how strongly the pump sucks. This is measured in mmHg. When you are using your Ameda Mya, you will usually find that expressing is most effective on the highest suction level that you are comfortable with.

However, it's important not to set suction level so high that it makes you uncomfortable.

### ■ Suction Settings

Start off with the suction low, and then gradually increase the suction setting to your comfort level. You may find that the level of suction that you are comfortable with varies from day to day, during the day and even during the same expression session.

Adjust the suction level by pressing the   buttons.

## Massage and Expression Modes

### ■ Massage Mode

Suction pattern with fast speed and low suction to start milk flowing.

### ■ Expression Mode

Suction pattern with slower speed and higher suction to express more milk gently and efficiently.



You can adjust the speed and suction level in expression mode to best suit your body. The maximum comfort suction is the highest suction setting where a mother still feels comfortable during pumping. It is different for every mother.

## 4.7. How long can I store breast milk?

Make sure to not overfill bottles. If you plan on freezing bottles, fill only up to  $\frac{3}{4}$  full, as milk expands with freezing. After milk has been pumped into Ameda storage bottles, close by placing locking disc on top of bottle (make sure circular raised middle part of disc is facing up). Tighten locking ring onto bottle. Label bottle with date and time that milk was pumped. Use storage chart provided as a guideline.

### Guidelines for Storing and Thawing Human Milk

Storage Time for Human Milk*	Deep Freeze	Refrigerator	Refrigerator	Color with Frozen Ice Packs	Room Temperature	
	(0°F / -18°C)	(39°F / 4°C)	(39°F / 4°C)	(59°F / 15°C)	(66°F - 72°F) (19°C - 22°C)	(72°F - 79°F) (22°C - 26°C)
Fresh	12 Months	3-4 Months	8 Days	24 Hours	6-10 Hours	4 Hours
Frozen, Thawed in Fridge	Do Not Refreeze	Do Not Refreeze	24 Hours	Do Not Store	4 Hours	4 Hours
Thawed, Warmed, Not Fed	Do Not Refreeze	Do Not Refreeze	4 Hours	Do not Store	Until Feeding Ends	Until Feeding Ends
Warmed, Fed	Discard	Discard	Discard	Discard	Until Feeding Ends	Until Feeding Ends

\* Storage times may vary for premature or sick babies. Sources: Jones, F. Best Practice for Expressing, Storing and Handling Human Milk in Hospitals, Homes and Child Care Settings. Raleigh, NC: Human Milk Banking Association of North America, 2011.

## 4.8. After Every Use: Cleaning the Milk Collection Kit

1. Remove tubing from the back-flow protector
2. Set aside tubing, it doesn't need to be washed after each use—milk does not come into direct contact with it.

Take apart the remaining parts: the flange(s), valve(s), back-flow protector(s), separating out the top, silicone and bottom pieces, and milk storage bottle(s), including locking ring(s) and locking disc(s).



### WARNING

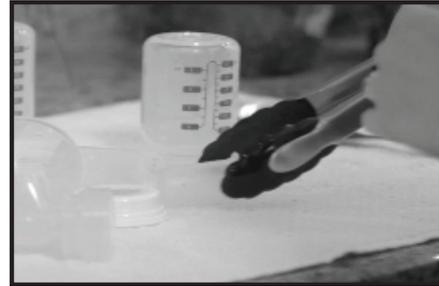
DO NOT wash or boil tubing. Tubing needs to remain dry to avoid any potential mold contamination.



**ALWAYS** wash hands well with soap and water.

### CLEANING: Cleaning with warm, soapy water.

After every use, unless otherwise directed by your healthcare provider, prepare the product for use as follows:



1. RINSE any milk from pump parts with cool water.
2. Hand WASH with warm, soapy water, the flange(s), back-flow protector(s), valve(s) and (if applies) bottle(s), locking ring(s) and locking disc(s). Wash valve(s) and back-flow protector(s) silicone gently\*.
3. RINSE with warm, clean water the flange(s), back-flow protector(s),

valve(s) and (if applies) bottle(s), locking ring(s) and locking disc(s).

4. Air DRY each part on a clean surface.

*\*Ameda does not recommend inserting anything into the valves and backflow protectors for cleaning but if you want to use a brush or sanitizing steam bags, then it is very important to check for cracks, chips, tears or deformation before and after use.*

*Pump parts may vary.*

## 4.9. How Do I Thaw and Use Stored Breast Milk?

1. ALWAYS make sure to check the date on the milk's container before using. DO NOT use undated milk, or milk that has been stored too long.
2. Thaw frozen milk in the refrigerator or under cool, running water.
3. Heat the milk under warm, running water and gently swirl the container to mix the milk.
4. If warm water is not available, heat a pan of water on the stove. Once the water is warm, not boiling, remove the pan from the stove and place milk container in the pan. NEVER warm the milk container directly on the stove.
5. NEVER microwave breast milk because microwaves can cause dangerous hot spots that could burn you or a baby.
6. ALWAYS test the temperature of the milk on the inside of your wrist before feeding it to a baby. The milk should feel warm, not hot.
7. After thawing, milk should be stored in the refrigerator for no more than 24 hours.
8. NEVER refreeze thawed milk. Throw away thawed, previously frozen milk that is not used within 24 hours.

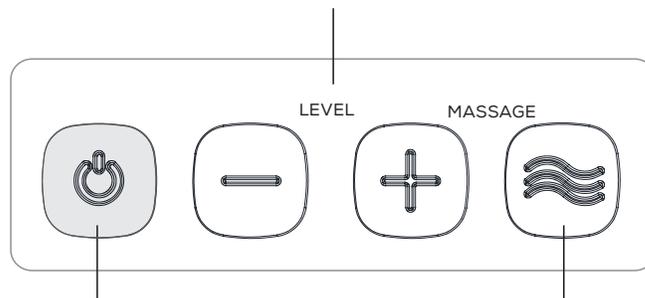


- Unscrew grey locking ring from bottle.
- Place bottle on table or flat surface.
- Hold the bottle with one hand.
- With same hand, place thumb on edge of grey locking disc.
- Push upwards.



## 4.10. Button Control

Adjust Suction (Vacuum) Level



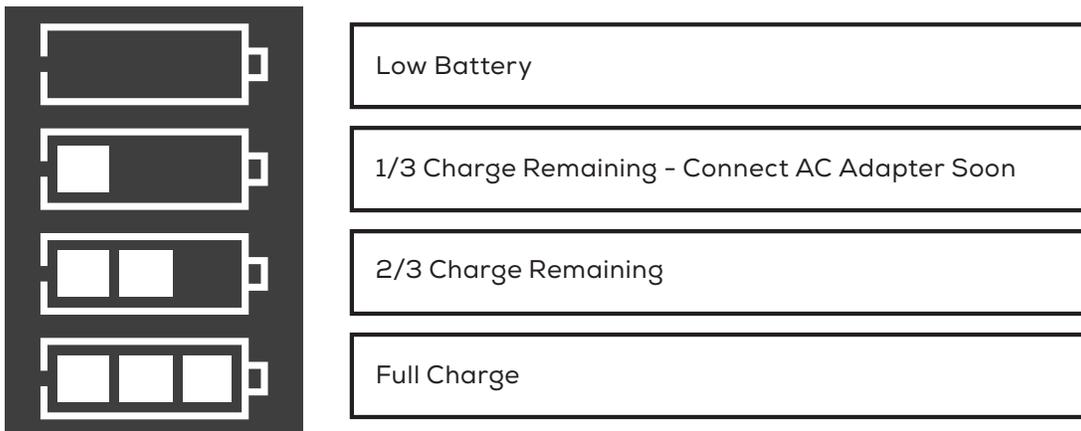
Power On/Off Button

Massage Mode/Expression Mode

## 4.11. Battery Information

No	Description
1	Operating time: Approx. 2 Hours
2	Battery status indicator on LCD Screen - Under charging: Flashing - Fully-charged: ON - Non-charged: OFF

### Battery Icon - Different Levels of Charge



The LCD screen will only show the battery icon when running on battery power (pumping without an AC adapter) and when it is charging with an AC adapter (but not during pumping with AC adapter).

Battery Power (Pumping)	AC Adapter (Pumping)

## 5. TROUBLESHOOTING

Condition	Possible Causes	Checks	Solutions
No Power	Adapter	Check if you are using the correct power cord.	Make sure it is Ameda approved Mya Power cord.
		Check if the power cord is connected correctly.	Plug into the outlet or check wall switch if outlet is controlled by it. Make sure the adapter is correctly inserted into the pump.
		Check if the power cord is damaged.	If it is damaged, contact ParentCare at 866.992.6332 or your local distributor.
No Suction	Tubing	Check the tubing is connected to the pump unit and back-flow adapter.	Connect the tubing to the pump unit and back-flow adapter.
	Valve	Check if they are connected to breast flange properly.	Disassemble and reassemble them properly.
	Suction Port Cover	Check if the suction port cover is closed.	Close the suction port cover.
Low Suction	Suction Level	Check if there is a low suction level on the valve or if there is an abnormal noise.	Contact the location where you purchased the product or contact ParentCare at 866.992.6332.
	Defective Assembly Kit	Check the connection of the kit.	Disassemble and reassemble them properly.
	Breast Flange	Check if there is problem with the breast flange.	Purchase and replace the breast flange.
	Valve	Check if valve is damaged.	Replace the valve.
Pain	Too High Suction	Check the suction level.	Set to the lowest suction level and consult your lactation consultant or healthcare professional.

## 6. MAINTENANCE AND SERVICE

Take care, before storing the breast pump for a long time and/or after long term storage. Contact Ameda ParentCare at 866.992.6332 or your local distributor for any questions.



### WARNING

If the pump unit is damaged, there is a possibility of touching live parts inside the unit. If the pump unit is damaged, discontinue use immediately and contact Ameda at 866.992.6332 or your local distributor.

When the pump unit is not working properly.

- Please make sure you are using the power adapter that was provided by manufacturer.
- Please check the power cord is plugged in properly.
- Please check if the outlet is controlled by a wall switch.



If any problems occur that are not covered in the trouble shooting section, or the suggested solutions do not work, contact Customer Service ParentCare at 866.992.6332 or your local distributor.

### 6.2. Breast Pump Valve Check



Inspect the valves for tears or holes. Replace any damaged valves prior to pumping. Wash valves per cleaning section. Do not insert bottle brush or something similar into valves. We recommend replacing valves approximately every 8-12 weeks but this can vary depending on cleaning and use.

## Power Adapter Care

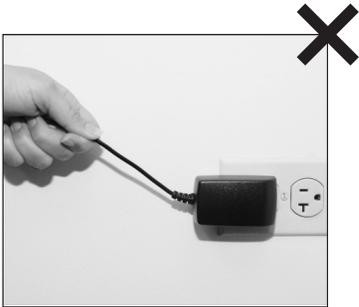
To care for your adapter be sure to follow these storage directions.



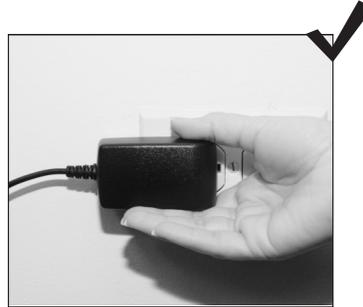
DO NOT wrap the power cord around the power adapter body.



CORRECT way to bundle cord.



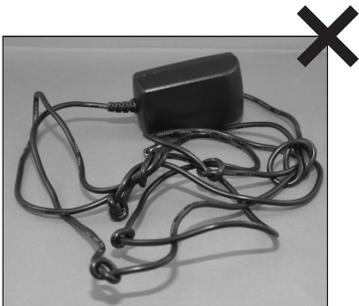
DO NOT pull the cord to unplug the power adapter.



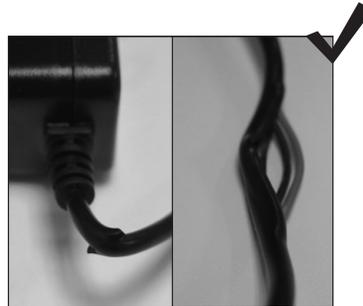
CORRECT way to plug in the power adapter.

### **WARNING**

Prior to use, always inspect power adapter for damage or exposed wires. If damage and/or exposed wires are found. DO NOT use power adapter and call Ameda ParentCare Team at 866.992.6332 or your local distributor.



Twists, kinks or bends



Has bulges

Exposed wires

*\*Pump parts may vary.*

## 7. DISPOSAL



As electrical and electronic equipment, the device must be disposed of according to a specialized procedure for collection, pick-up and recycling or destruction in accordance with Directive 2012/19/EU of the European Council on Waste Electrical and Electronic Equipment [WEEE]. Please send components that are no longer used to the AMEDA's representative or properly dispose of the device in accordance with local, state and federal regulations.

## 8. TECHNICAL INFORMATION

Contents	Description	
Rated voltage and frequency	Input: DC 12V, 2A (Ameda Mya - Battery: 7.4V 900mAh Li-Polymer)	
Power consumption	0.6 A	
Protection on electronic shock	Class II  , TYPE BF Applied Part 	
Degree of protection against ingress of water	IP Classification: IP22	
Operation mode (Continuous operation)	Express Mode, Massage Mode	
Suction Levels	Express Mode	1 ~ 10 Steps
	Massage Mode	1 ~ 5 Steps
Speed Cycles	Express Mode	Fixed
	Massage Mode	Fixed
Single/Double	Single/Double	
Timer Function	Automatic Off (30 min ± 1 min)	
Noise	Less than 45 dB	
Back-flow Protection	Yes	
Cleaning Method for Accessories	Boiling water or hand-wash after first use as per instructions.	
Operating conditions		
Ambient temperature	5 to 40°C/41 to 104°F	   Temperature    Humidity    Pressure
Relative humidity	20 to 80 %	
Air pressure	70 to 106 kPa	
Transport and storage conditions		
Ambient temperature	-20 to 50°C/ -4 to 122°F	   Temperature    Humidity    Pressure
Relative humidity	20 to 80 %	
Air pressure	70 to 106 kPa	

## 9. ELECTROMAGNETIC COMPATIBILITY

### Guidelines and manufacturer's declaration – electromagnetic emissions

The Ameda Mya is intended for use in the electromagnetic environment specified in the table below . The customer or the user of the Ameda Mya should assure that it is used in such an environment.

Emission test	Compliance	Electromagnetic environment-guidance
RF emission - CISPR 11	Group 1	The Ameda Mya uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in near-by electronic equipment
RF emission - CISPR 11	Group B	The Ameda Mya is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes, provided the following warning is heeded:  Warning: This equipment/system may cause radio or may disrupt the operation of nearby equipment. It may be necessary to take mitigation measures, such as re-orienting or relocating the Ameda Mya or shielding the location.
Harmonic emissions IEC 61000-3-2	Group A	
Voltage Fluctuations/ flicker emissions IEC 610003-3-3	Compliance	

### Guidance and Manufacturer's Declaration – Electromagnetic Immunity

The Ameda Mya is intended for use in the electromagnetic environment specified in the table below . The customer or the user of the Ameda Mya should assure that it is used in such an environment.

Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
Electrostatic discharge (ESD) IEC 61000-4-2	± 6 kV contact ± 8 kV air	± 6 kV contact ± 8 kV air	Floors should be wood, concrete or ceramic tile. If the floors are covered with synthetic materials, the relative humidity should be at least 30%
Electrical fast transients IEC 61000-4-4	± 2 kV for power supply lines ± 1 kV for input/output lines	± 2 kV for power supply lines ± 1 kV for input/output lines	Mains power quality should be that of a typical commercial or hospital environment
Surges IEC 6100-4-5	± 1kV differential mode ± 2 kV common mode	± 1kV differential mode ± 2 kV common mode	Mains power quality should be that of a typical commercial or hospital environment
Voltage dips, short interruptions and voltage variations IEC 61000-1-11	< 5% UT (>95% dip in UT) 40% UT (60% dip in UT) for 5 cycles, 6 cycles 70% UT (30% dip in UT) for 25 cycles, 30 cycles	< 5% UT (>95% dip in UT) 40% UT (60% dip in UT) for 5 cycles, 6 cycles 70% UT (30% dip in UT) for 25 cycles, 30 cycles	Mains power quality should be that of a typical commercial or hospital environment. If the user of the Ameda Mya requires continued operation during power as interruptions, it is recommended that the Ameda Mya be powered from an uninterruptible power supply or battery.

Guidance and Manufacturer's Declaration – Electromagnetic Immunity			
The Ameda Mya is intended for use in the electromagnetic environment specified below. The customer or the user of the Ameda Mya should assure that it is used in such an environment.			
Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
	< 5% UT (95% dip in UT) for 5	<5% UT (>95% dip in UT) for 5	
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	3 A/m	3 A/m	Power frequency magnetic fields should be measured in the intended installation location to assure that it is sufficiently low
NOTE: UT is the AC mains voltage prior to the application of the test level.			
Conducted RF IEC 61000-4-6	3 Vrms 150 kHz to 80 MHz	3 Vrms	Portable and mobile RF communica- tions equipment should be used no closer to any part of the device, in- cluding cables, than the recommend- ed separation distance calculated from the equation applicable to the frequency of the transmitter. Recom- mended separation distance $d = \left[ \frac{3.5}{3} \right] \sqrt{P}$ $d = \left[ \frac{3.5}{3} \right] \sqrt{P} \quad 80 \text{ MHz to } 800 \text{ MHz}$ $d = \left[ \frac{7}{3} \right] \sqrt{P} \quad 800 \text{ MHz to } 2.5 \text{ GHz}$ Where (P) is the maximum output power rating of the transmitter in watts (W) according to the trans- mitter manufacturer and d is the recommended separation distance in meters (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey a, should be less than the compliance level in each frequency range b. Interference may occur in the vicinity of equipment marked with the following symbol:  
Radiated RF IEC 61000-4-3	3 V/m 80 MHz to 2.5 GHz	3 Vrms	
NOTE 1. At 80 MHz and 800 MHz, the higher frequency range applies. NOTE 2. These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.			

- a Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the device is used exceeds the applicable RF compliance level above, the device should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the device.
- b Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.

Recommended separation distances between portable and mobile RF communications equipment and the Ameda Mya

The Ameda Mya is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of Ameda Mya can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the Ameda Mya as recommended below, according to the maximum output power of the communications equipment.

Rated maximum output power of transmitter [W]	Separation distance according to frequency of transmitter [m]		
	150kHz to 80MHz $\left[\frac{3.5}{3}\right]$	80MHz to 800MHz $\left[\frac{3.5}{3}\right]$	800MHz to 2.5GHz $d = \left[\frac{7}{3}\right] \sqrt{P}$
0.01	0.117	0.117	0.233
0.1	0.369	0.369	0.738
1	1.167	1.167	2.333
10	3.689	3.689	7.379
100	11.667	11.667	23.333

For transmitters rated at a maximum output power not listed above, the recommended separation distance in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer. NOTE 1. At 80MHz and 800MHz, the separation distance for the higher frequency range applies. NOTE 2. These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

Note:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

# 10. ADDITIONAL INFORMATION

## 10.1. Limited Warranty

THE AMEDA WARRANTY IS NONTRANSFERABLE BETWEEN INDIVIDUALS. THE AMEDA MYA ELECTRIC BREAST PUMP ("PRODUCT") IS WARRANTED TO THE ORIGINAL USER—WHETHER INSTITUTIONAL OR INDIVIDUAL ("FIRST USER")—ONLY.

From the date of the Individual User's purchase of this product, Ameda, Inc. ("Ameda") warrants the Product to the Individual User against defects in material or workmanship for a period of two years for the pump mechanism and 90 days on other pump components except for breast pump valves. Ameda's sole obligation under this limited warranty shall be to repair or replace, at Ameda's option, any Product that is determined to be defective by Ameda and determined to be covered by this express limited warranty. Repair or replacement under this limited warranty is the sole and exclusive remedy of the First User. **PROOF OF PURCHASE IN THE FORM OF A RECEIPTED INVOICE OR BILL OF SALE EVIDENCING THAT THE PRODUCT IS WITHIN THE WARRANTY PERIOD MUST BE PRESENTED TO OBTAIN WARRANTY SERVICE.** This limited warranty is extended by Ameda ONLY to the First User and is not assignable or transferable. For warranty service contact Ameda at **866.992.6332**.

EXCEPT TO THE EXTENT PROHIBITED BY APPLICABLE LAW, ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE ON THE PRODUCT IS HEREBY DISCLAIMED. AMEDA SHALL NOT BE LIABLE FOR ANY INCIDENTAL, CONSEQUENTIAL, SPECIAL OR PUNITIVE DAMAGES OF ANY KIND FOR BREACH OF THE EXPRESS LIMITED WARRANTY ON THE PRODUCT OR ANY WARRANTY IMPLIED BY OPERATION OF LAW. OTHER THAN THE EXPRESS LIMITED WARRANTY SET FORTH ABOVE, THERE ARE NO OTHER WARRANTIES THAT ACCOMPANY THIS PRODUCT AND ANY ORAL, WRITTEN OR ANY OTHER REPRESENTATION OF ANY KIND IS HEREBY DISCLAIMED.

### NON-APPLICABILITY OF WARRANTY

In addition to any other limitations on the warranty discussed above, the warranty shall expire and be of no force or effect upon the occurrence of any of the following: (i) the cause of damage to the Product is due to improper handling or use. (ii) opening of the pump motor, modifications, self-repair or use outside the instructions in this manual voids warranty. (iii) the Product is not properly maintained by the Individual User as determined by Ameda. (iv) non-Ameda approved accessories or spare parts are used with the Product as determined by Ameda. If any of the above occurs, Ameda shall not be responsible for damage to the Product, parts thereof or injuries arising therefrom, either directly or indirectly. The warranty terms set forth above replaces all prior warranties with respect to the purchased Product, whether in writing or otherwise. Outside the United States, Call your local distributor or location where you purchased the Product. For a listing of distributors in your country, visit [www.ameda.com](http://www.ameda.com).

## 10.2. Description of IP Classification

IPN <sub>1</sub> N <sub>2</sub>	N1	0: Non-protected
		1: Protected against solid foreign objects of 50 mm Ø and greater
		2: Protected against solid foreign objects of 12,5 mm Ø and greater
		3: Protected against solid foreign objects of 2,5 mm Ø and greater
		4: Protected against solid foreign objects of 1,0 mm Ø and greater
		5: Dust-protected
		6: Dust-tight
	N2	0: Non-protected
		1: Protection against vertically falling water drops
		2: Protection against vertically falling water drops when enclosure tilted
		3: Protected against spraying water
		4: Protected against splashing water
		5: Protected against water jets
		6: Protected against powerful water jets
7: Protected against the effects of temporary immersion in water		
8: Protected against the effects of continuous immersion in water		



Manufactured for:  
**Ameda Inc.**  
 485 Half Day Road  
 Suite 320  
 Buffalo Grove, IL 60089

### 10.3. Ameda Mya Accessories and Spare Parts

Some pumps may also include some of these accessories: You may also be able to order these additional accessories or spare parts online, at a local Ameda retailer or distributor, visit [www.ameda.com](http://www.ameda.com) for more information.



Large Tote



Small Tote



12V AC Adapter



24.0 mm Standard Breast Flange



28.0 mm Breast Flange



30.0 mm Breast Flange with Adapter



Silicone Valve



Back-flow Protector



Tubing



Breast Milk Storage Bottles



Locking Ring/Disc



Car Adapter



Distributed in USA by:  
Distribué aux États-Unis par :  
Distribuido en los EE. UU. por:  
**Ameda, Inc.**  
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800.604.6225

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Distribué en Australie par:  
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Murarrie, QLD 4172  
61 (7) 3348 9155

Distribution in other countries: For product information or feedback, call your local distributor or location where you purchased the product. For a listing of distributors in your country, please visit [www.ameda.com](http://www.ameda.com)

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To register your Ameda Mya pump:

Please visit [ameda.com/register](https://ameda.com/register) and input the serial number (SN) from the bottom of your pump.

Pour enregistrer votre Ameda Mya tire-lait:

Veuillez visiter le site [ameda.com/register](https://ameda.com/register) et saisir le numéro de série (SN) qui se trouve en bas de votre tire-lait.

Para registrar su Ameda Mya extractor:

Visite [ameda.com/register](https://ameda.com/register) e ingrese el número de serie (serial number, SN) que se encuentra en la parte inferior del extractor.

**[Ameda.com](https://ameda.com) | [866.992.6332](tel:866.992.6332) | [ParentCare@ameda.com](mailto:ParentCare@ameda.com)**